



# Nicholas County

## Family and Individual Development Data

Data provided in this issue of Kentucky: By The Numbers were **compiled to correspond to the issues** covered in the **Family and Individual Development** section of the University of Kentucky

### Cooperative Extension Statewide Community Needs Assessment

<https://extension.ca.uky.edu/community-assessment-0>

The statewide needs assessment was conducted to identify and prioritize community needs, issues, and/or opportunities that Extension could address through targeted educational programming and engagement efforts. The survey was divided into 4 areas: 1) Agriculture and Natural Resources, 2) Youth Development, 3) **Family and Individual Development**, and 4) Community and Economic Development.

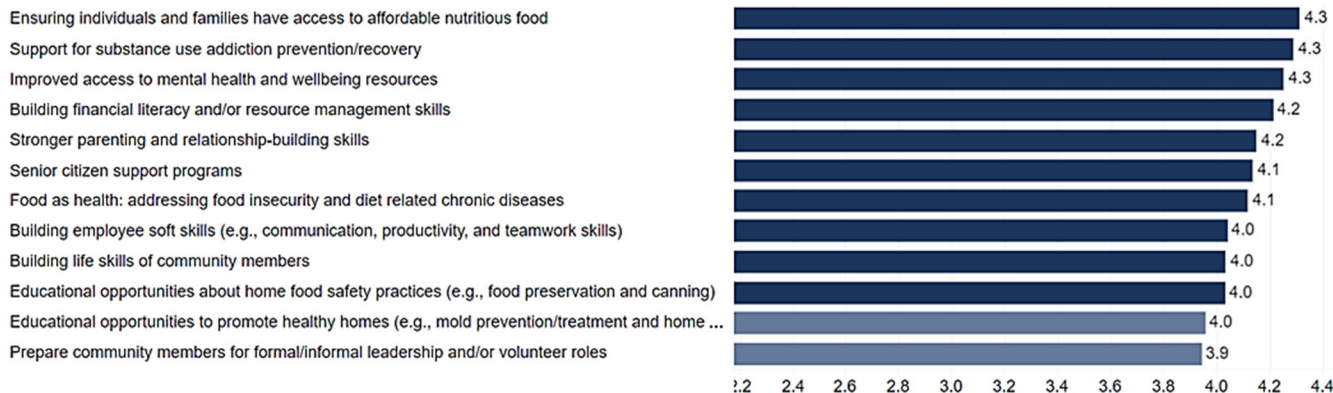
These data have been compiled to assist in using the survey results for local planning. Data from nearly 40 different sources were selected and links to each data source are provided at the end. Secondary data for the other survey sections are available at <https://kybtn.ca.uky.edu/>. To learn more about Cooperative Extension at the University of Kentucky go to: <http://extension.ca.uky.edu/>.

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## Family and Individual Development Survey Section

State Results, University of Kentucky Cooperative Extension Statewide Community Needs Assessment

In your opinion, to what extent is practical education/assistance in each of the following topics a need in your community?  
1 = Not a need, 2 = Low need, 3 = Moderate need, 4 = Very high need, 5 = Very high need



**Food Assistance and Access**

**Food Assistance<sup>1</sup> (July 2022)**

	County
Number of Persons Receiving SNAP	1,140
Number of Households Receiving SNAP	520

**Food Access<sup>3</sup> (2021)**

	County
Number of Food and Beverage Stores	n/a
Number of Grocery Stores	n/a
Number of Supermarkets and other Grocery Stores (except convenience stores)	n/a
Number of Convenience Stores	n/a
Number of Gasoline Stations with Convenience Store	n/a

**Food Insecurity<sup>2</sup> (2021)**

	County
Overall Food Insecurity Rate	14.8%
Number of Food Insecure Persons Overall	1,110
Child Food Insecurity Rate	13.0%
Number of Food Insecure Children	230

**School Lunch<sup>4</sup> (2022-2023 academic year)**

	County
Number of Students who are Economically Disadvantaged based upon being Program or Income Eligible for Free or Reduced-priced Meals*	687

\* = Due to confidentiality, data are undisclosed or county total does not include schools/districts with undisclosed data.

**Health**

**Physical and Mental Health<sup>5</sup> (age adjusted) (2020)**

	County
Percent of Adults Reporting <b>Fair or Poor Health</b>	23.2% (20.5% - 26.0%)
Average Number of <b>Physically Unhealthy Days</b> Reported in Past 30 Days	5.0 days (4.6 - 5.4)
Percent of Adults Reporting 14 or more Days of Poor <b>Physical Health</b> per Month	15.5% (14.1% - 17.0%)
Average Number of <b>Mentally Unhealthy Days</b> Reported in Past 30 Days	6.1 days (5.7 - 6.4)
Percent of Adults Reporting 14 or more Days of Poor <b>Mental Health</b> per Month	20.2% (18.7% - 21.6%)

**Leisure-Time Physical Activity<sup>5</sup> (age adjusted) (2020)**

	County
Percent of Adults Age 18+ Reporting <b>No Leisure-Time Physical Activity</b>	35.3% (32.0% - 38.5%)

**Physical Activity Access<sup>5</sup> (2022)**

	County
Percent of Population with <b>Adequate Access</b> to Locations for Physical Activity	8.2%

**Diabetes and Obesity<sup>5</sup> (age adjusted) (2020)**

	County
Percent of Adults Ages 20+ Diagnosed with <b>Diabetes</b>	11.9% (11.1% - 12.8%)
Percent of Adults Ages 18+ that Report a <b>Body Mass Index (BMI)</b> Greater than or Equal to 30 kg/m2	39.4% (37.3% - 41.4%)

**Population Without Health Insurance<sup>6</sup> (2021)**

	County
<u>Under Age 19</u> without Health Insurance	93 (+/- 26)
<u>Under Age 65</u> without Health Insurance	507 (+/- 70)
Percent under Age 65 without Health Ins.	7.8% (+/- 1.1%)
Females under Age 65 without Health Ins.	209 (+/- 42)
Males under Age 65 without Health Ins.	298 (+/- 55)

**Medical Care<sup>5</sup>**

	County
Number of Primary Care Physicians (2020)	1
Number of Mental Health Providers (2022)	3
Number of Dentists (2021)	1

**Substance Abuse**

**Substance Abuse Disorder Diagnosis<sup>7</sup>**

3-Year Total (2020-2022)		5-Year Total (2018-2022)	
	County		County
Emergency Dept Visits	329	Emergency Dept Visits	496
Inpatient Hospitalization	n/a	Inpatient Hospitalization	13

**NonFatal Overdose Related Emergency Dept. Visits<sup>7</sup>**

	County
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug-Involved</u>	60
<u>Any Opioid-Involved</u>	n/a
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug-Involved</u>	99
<u>Any Opioid-Involved</u>	46

**NonFatal Overdose Related Inpatient Hospitalization<sup>7</sup>**

	County
<b>3-Year Total (2020-2022)</b>	
<u>Any Drug-Involved</u>	n/a
<u>Any Opioid Drug-Involved</u>	0
<b>5-Year Total (2018-2022)</b>	
<u>Any Drug-Involved</u>	16
<u>Any Opioid Drug-Involved</u>	n/a

**Fatal Overdose<sup>7</sup>**

3-Year Total (2020-2022)		5-Year Total (2018-2022)	
	County		County
Any Drug-Involved Fatal Overdose	12	Any Drug-Involved Fatal Overdose	16
Any Opioid-Involved Fatal Overdose	12	Any Opioid-Involved Fatal Overdose	14

**Financial**

**Median Income<sup>8</sup> (2018-2022)**

	County
All Households	\$57,539 (+/- \$8,629)
Families with Own Children under 18	\$84,444 (+/- \$16,856)

**Poverty Rate<sup>9</sup> (2018-2022)**

	County
All Families Below Poverty	13.7% (+/- 5.3%)
Families with Related Children under 18	17.1% (+/- 8.5%)
Families with One Worker	20.5% (+/- 12.3%)
Families with Householder Working Full Time/Year-Round	0.0% (+/- 4.6%)

**Consumer Debt<sup>10</sup> (Feb 2022)**

	County
Percent of People with <b>Auto/Retail</b> Debt	39.2%
Percent of People with <b>Auto</b> Loans	31.1%

**Debt in Collections<sup>10</sup> (Feb 2022)**

	County
Percent of People with <b>any Debt in Collections</b>	43.9%
Median Amount	\$1,241

**Student Loans<sup>10</sup> (Feb 2022)**

	County
Percent of People with <b>Student Loan</b> Debt	13.7%
Median Amount	n/a

**Medical Debt in Collections<sup>10</sup> (Feb 2022)**

	County
Percent of People with <b>Medical</b> Debt in Collections	28.8%
Median Amount	\$536

**Aging**

Total Population <sup>11</sup> (2022)	
	County
Ages 65+	1,276
Ages 65-74	741
Ages 75-84	408
Age 85+	127

Households <sup>12</sup> (2018-2022)	
	County
Percent of Households with One or more People Ages 65+	30.6% (+/- 2.7%)
Percent of Households with Householder 65+ Living Alone	11.4% (+/- 3.1%)

Poverty and Income <sup>13 &amp; 8</sup> (2018-2022)	
	County
Poverty Rate - Population Ages 65+	23.2% (+/- 8.8%)
Median Income - Householder Ages 65+	\$31,576 (+/- \$3,782)

Population Ages 65+ <sup>11</sup> (2022)	
	County
Percent of Total Population that is Ages 65+	16.3%
Percent Female	52.8%
Percent Male	47.2%

Population Projection <sup>14</sup> (2035)	
	County
Projected Population Ages 65+ (2035 projection)	1,559

**Data Sources**

- Food and Nutrition Service, U.S. Department of Agriculture. <https://www.fns.usda.gov/pd/supplemental-nutrition-assistance-program-snap>
- Map the Meal Gap. Feeding America. <https://map.feedingamerica.org/>
- 2021 County Business Patterns, U.S. Census Bureau. [https://data.census.gov/all?q=040XX00US21.21\\$0500000&v=2021&d=FCNSVY%20Business%20Patterns%20County%20Business%20Patterns](https://data.census.gov/all?q=040XX00US21.21$0500000&v=2021&d=FCNSVY%20Business%20Patterns%20County%20Business%20Patterns)
- Kentucky School Report Card. Kentucky Department of Education. <https://www.kyschoolreportcard.com/home?year=2023>
- County Health Rankings & Roadmaps. <https://www.countyhealthrankings.org/explore-health-rankings/kentucky?year=2023>
- Small Areas Health Insurance Estimates, U.S. Census Bureau. <https://www.census.gov/programs-surveys/sahie.html>
- Kentucky Injury Prevention and Research Center. County Profiles. [Data Request]. <https://kiprc.uky.edu/programs/overdose-data-action/county-profiles>
- Table S1903. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau. [https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20\(Households,%20Families,%20Individuals\)&g=040XX00US21.21\\$0500000](https://data.census.gov/table/ACSST5Y2022.S1903?t=Income%20(Households,%20Families,%20Individuals)&g=040XX00US21.21$0500000)
- Table S1702. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau. [https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21\\$0500000&v=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1702?t=Income%20and%20Poverty&g=040XX00US21.21$0500000&v=2022&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Debt in America. Urban Institute. <https://apps.urban.org/features/debt-interactive-map/?type=overall&variable=totcoll>
- 2022 Population Estimates, U.S. Census Bureau. <https://www.census.gov/data/tables/time-series/demo/popest/2020s-counties-detail.html>
- Table S1101. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau. [https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables](https://data.census.gov/table/ACSST5Y2022.S1101?t=Families%20and%20Household%20Characteristics&g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Subject%20Tables)
- Table DP03. 2022 American Community Survey 5-year Estimates, U.S. Census Bureau. [https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21\\$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles](https://data.census.gov/table/ACSDP5Y2022.DP03?g=040XX00US21.21$0500000&d=ACS%205-Year%20Estimates%20Data%20Profiles)
- Population Projections. Vintage 2022. Kentucky State Data Center. <http://ksdc.louisville.edu/data-downloads/projections/>

**Margins of Error**

For counties with small populations and small population groups, the **margins of error** (indicated by a +/- \_\_\_) or confidence intervals (indicated by a range) can be quite large.

The margin of error or confidence interval tells us how precise the estimate is by indicating the **range within which the estimate most likely falls**.

For help in understanding the margin of error, see the brief Kentucky: By The Numbers publication

**“And Now for the Grain of Salt.”**

Additional data are available at:  
 Kentucky: By The Numbers  
<http://www2.ca.uky.edu/snarl/index.htm>

